

# Collagen Integrity of the Uterine Cervix Reflects Amniotic Fluid Cytokine Profile

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## Abstract

**OBJECTIVE:** To determine if there is a correlation between the histological staining characteristics of cervical collagen and amniotic fluid cytokines in women with an ultrasonographic short cervix in the midtrimester.

**STUDY DESIGN:** Asymptomatic women with a transvaginal cervical length  $\leq$  25mm between 16 - 24 weeks underwent a micro-cervical biopsy and amniocentesis. Amniotic fluid cytokine concentrations were assayed using the Bio-Plex multianalyte detection and quantitation system (Bio-Rad, Hercules, CA.). Cervical biopsy specimens were stained with hematoxylin and eosin (H&E) and examined by a single reviewer blinded to clinical and assay data. One 40X photomicrograph was taken of each biopsy. The R channel histogram was extracted and its mean, standard deviation, skew and kurtosis calculated. A single collagen staining factor score (CFS) was extracted from these data by principal components analysis. Spearman's correlation was used to compare the CFS to levels of amniotic fluid (AF) cytokines.

**RESULTS:** Thirty three paired AF and micro-cervical biopsy specimens were available for analysis. Spearman's correlations demonstrated associations of the CFS with AF IL-6, IL-8, Eotaxin, IP-10 and MCP-1 (each  $p < 0.05$ ).

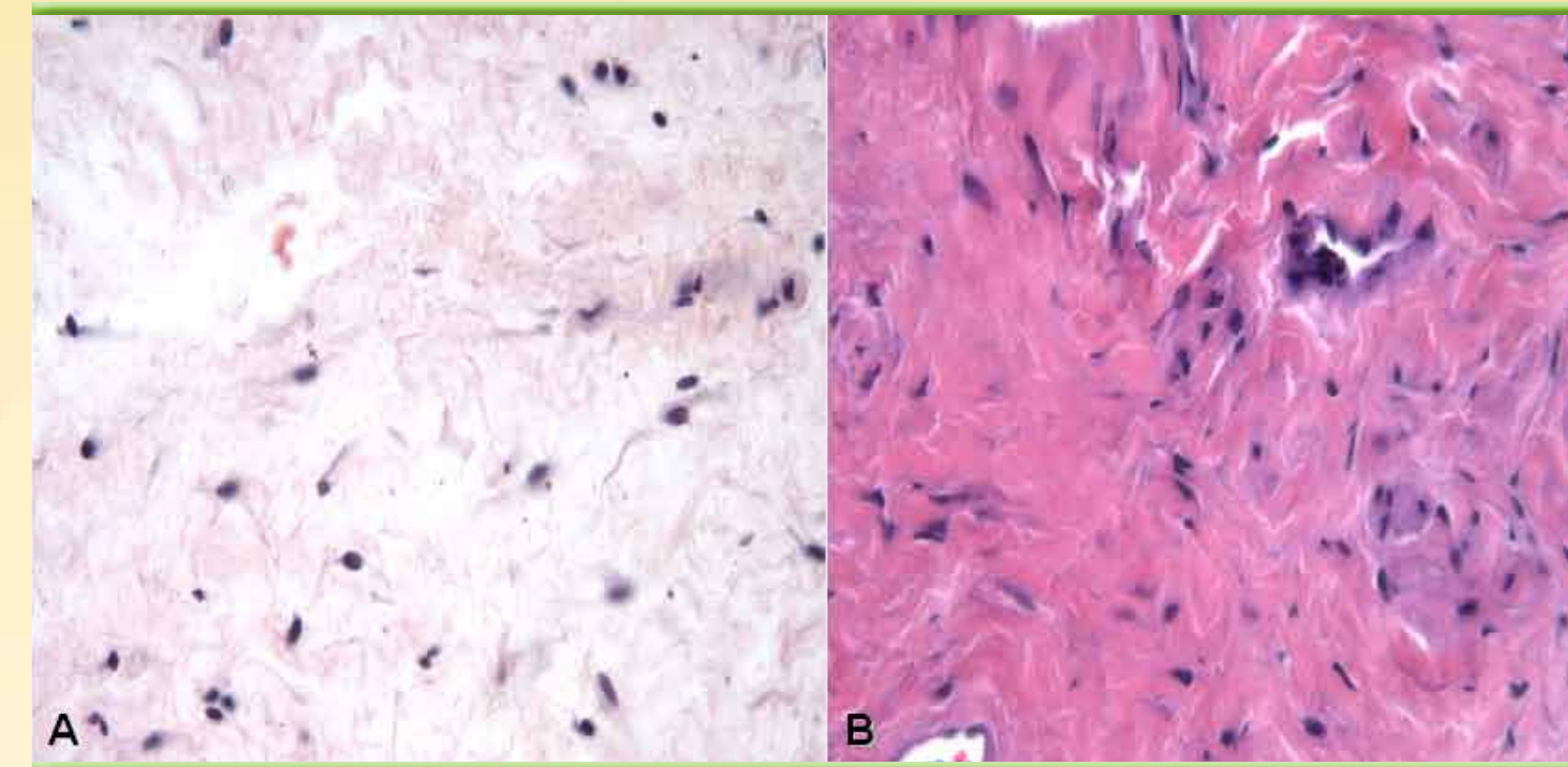
**CONCLUSION:** Image segmentation allows extraction of collagen structural features that are highly correlated with inflammatory cytokines, suggesting that intra-amniotic inflammation and the structural integrity of the cervix are related. Further study may help elucidate the temporal relationship between collagen integrity and inflammation, allowing for pathway specific therapy.

## Background

- Cervical ripening is an active cellular process of metabolism and reorganizing of the collagen matrix.
- Inflammation plays a central role in initiating the cervical remodeling that ultimately leads to spontaneous preterm parturition.
- IL-6, IL-8 and Monocyte chemotactic protein-1 (MCP-1) are increased in cervical tissue of patients who are in preterm labor.
- Pro-inflammatory cytokines, which are exceedingly elevated in spontaneous preterm deliveries, mediate matrix metalloproteinase, arachidonic acid and prostaglandin production.
- The inflammatory cascade causes collagen degradation, remodeling, and impaired collagen integrity.
- We sought to determine if there is a correlation between the histological staining characteristics of cervical collagen and amniotic fluid cytokines in asymptomatic women with an ultrasonographic short cervix ( $\leq$  25mm) in the midtrimester.

## Materials and Methods

- All studies were performed under an Institutional Review Board approved protocol.
- Inclusion Criteria**
  - All pregnancies between 16 - 24 weeks' gestation.
  - Ultrasound-diagnosed cervical length  $\leq$  25mm.
  - Funneling of chorio-amniotic membranes  $\geq$  25% into the endocervical canal.
- Exclusion Criteria**
  - Any known fetal chromosomal or structural anomaly
  - Ruptured membranes
  - Vaginal bleeding
  - Prolapse of endocervical membranes beyond the external cervical os
  - Persistent uterine activity accompanied by cervical change
  - Obstetrically indicated delivery.
- Patients were consented for a controlled fine needle biopsy (FNB) of the uterine cervix.
  - The Bard Monopty® biopsy instrument (C.R. Bard, Inc., Murray Hill, N.J.),
    - Automated spring-loaded instrument that extends an 18 gauge cutting needle to penetrate 11mm into the cervical stroma.
    - Obtains a 7mm x 0.003cm<sup>3</sup> controlled FNB.
- All patients had an ultrasound-guided transabdominal amniocentesis
  - Evaluation for intra-amniotic infection (low glucose, elevated WBC count, and aerobic/anaerobic culture)
- Five milliliters (5ml) of unspun amniotic fluid was aliquoted into 15 ml polypropylene tubes
  - Stored at -70°C for future cytokine analysis
- Amniotic fluid samples were simultaneously analyzed for 25 inflammatory mediators using the Bio-Plex™ array system (Bio-Rad Laboratories Inc, Hercules, CA)
  - Interleukin (IL)-1 $\beta$
  - IL -1ra
  - IL -2
  - IL -4
  - IL -5
  - IL -6
  - IL -7
  - IL -8
  - IL -9
  - IL -10
  - IL -12
  - IL -13
  - IL -15
  - IL -17
  - Eotaxin
  - Granulocyte colony stimulating factor (G-CSF)
  - Interferon gamma (IFN- $\gamma$ )
  - Inducible protein-10 (IP-10)
  - Monocyte chemotactic protein-1 (MCP-1)
  - Macrophage inflammatory protein (MIP)-1a (MIP-1a)
  - MIP-1b
  - Platelet derived growth factor (PDGF) bb,
  - Tumor Necrosis factor alpha (TNF- $\alpha$ )
  - Regulated on activation normal, T cell expressed and secreted (RANTES)
  - Vascular endothelial growth factor (VEGF)
- Cervical biopsy specimens were stained with hematoxylin and eosin (H&E)
  - Examined by a single reviewer blinded to clinical and assay data.
  - 40X photomicrograph was taken of each biopsy.
    - Collagen properties were characterized based on the distribution of intensities in the red color channel of the images.
    - The level of red was quantified by measuring the distribution of pixel intensities (zero to 255) isolated in the red channel.
    - R channel histogram of pixel intensities was extracted.
    - Mean, standard deviation, skew and kurtosis calculated.
  - A single collagen staining factor score (CFS) was extracted from these data by principal components analysis.
    - High CFS represent poor collagen integrity.
      - The biopsy image is composed of loose, poorly interconnected collagen fibrils, thus has alot of white space in the image.
    - Low CFS represent good collagen integrity.
      - The biopsy image is composed of dense, closely interconnected collagen fibrils, thus has little white space in the image.
- Spearman's correlation was used to compare the CFS to levels of amniotic fluid (AF) cytokines



**A. High CFS cervical biopsy at 22wks.**  
Patient delivered preterm (30 wks).

**B. Low CFS cervical biopsy at 23 wks.**  
Patient delivered at term (38wks).

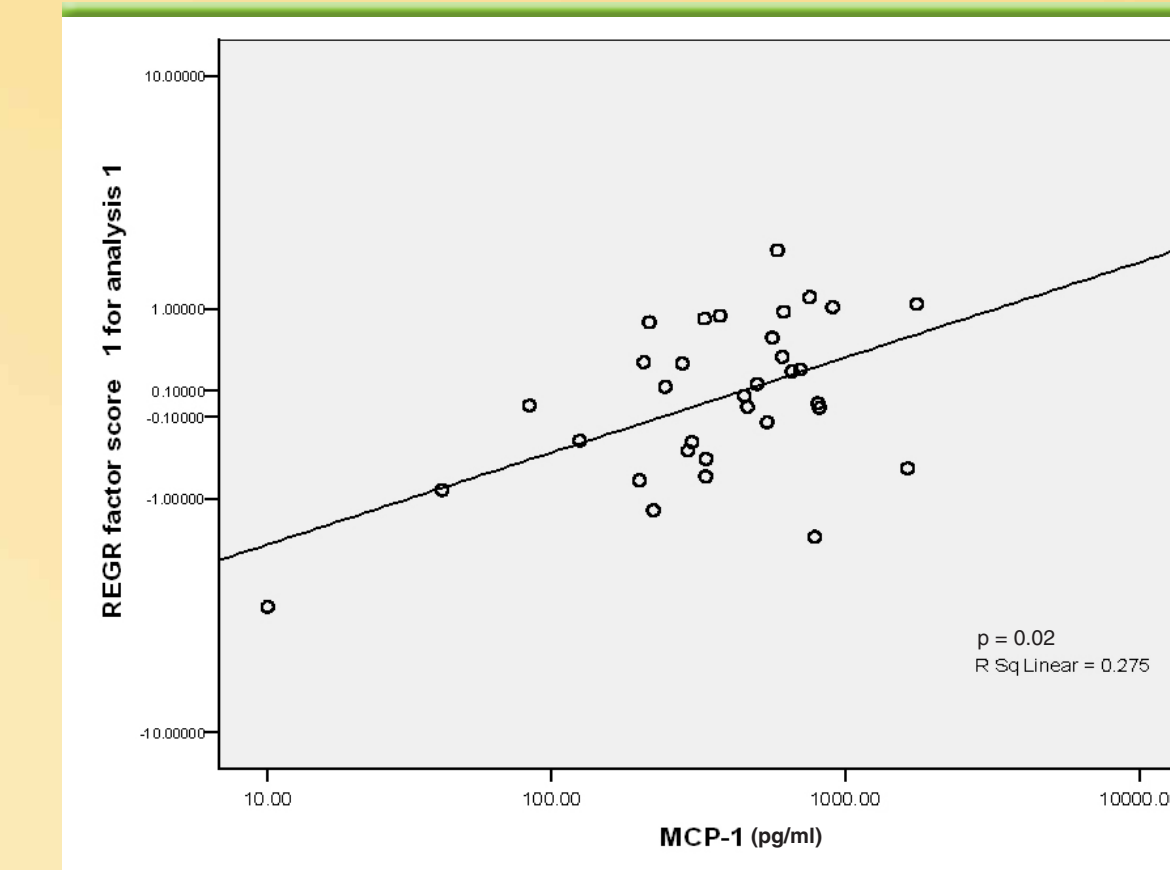
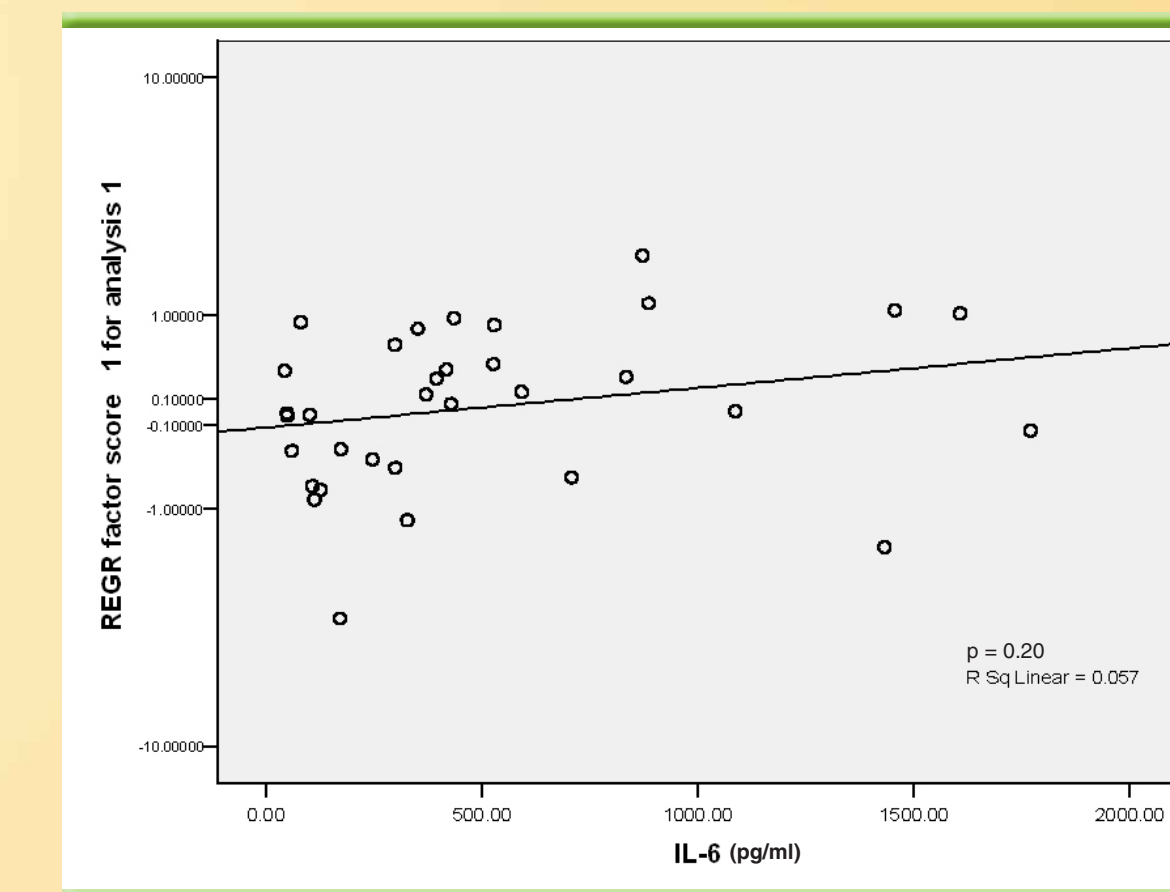
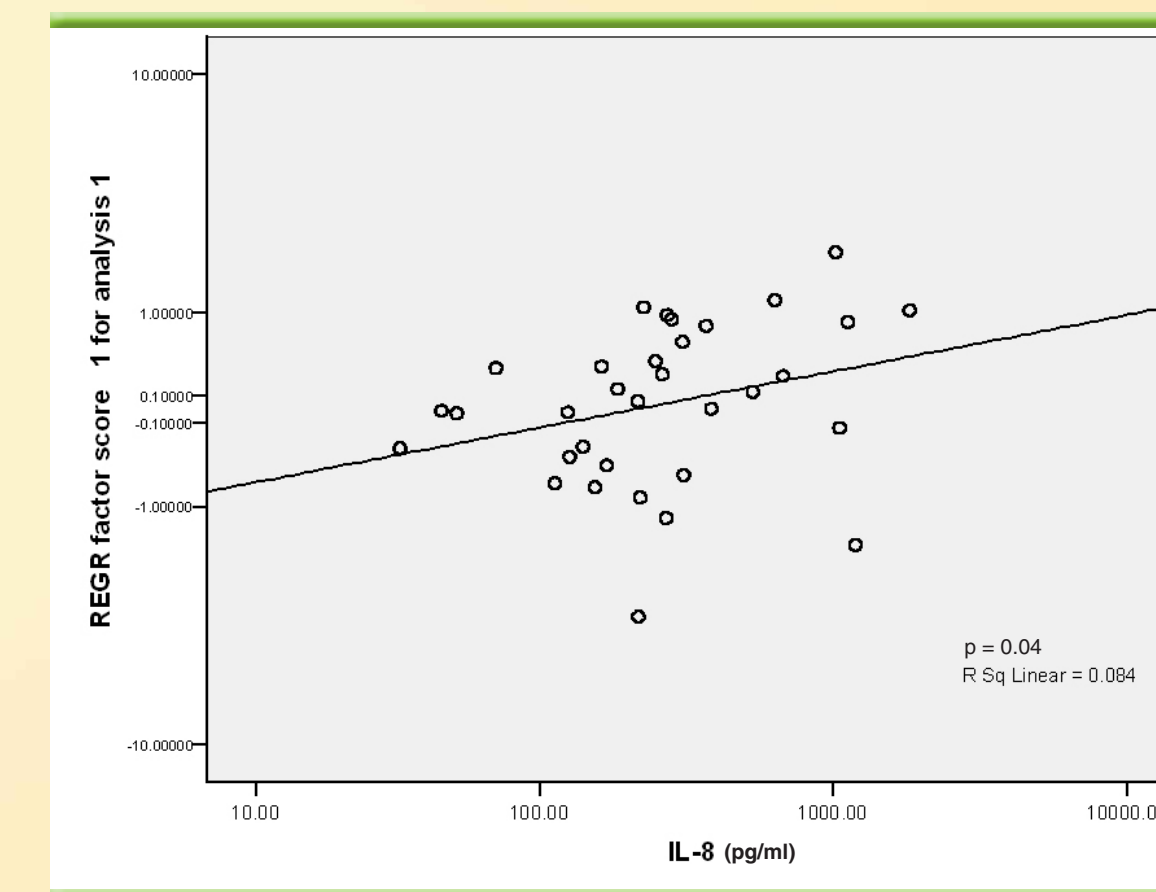
## Results

**Table 1. Study characteristics**

Characteristic	N = 33
Age (years)	25.3 $\pm$ 6.3
Race	
Caucasian	13 (39.4)
Hispanic	13 (39.4)
African American	6 (18.2)
Asian	1 (3.0)
Multiparity	16 (48.5)
Singleton gestation	28 (84.8)
Previous spontaneous preterm birth	17 (51.5)
Earliest spontaneous preterm birth (weeks)	25.3 $\pm$ 5.9
Cervical length at enrollment (mm)	14 $\pm$ 6.8
Fetal fibronectin + *	7 (21.2)

**Table 2. Correlation between histological staining characteristics of cervical collagen and amniotic fluid cytokines**

Variable (n = 33)	Correlation Coefficient (r)	P value
IL-6	0.36	0.04
IL-8	0.38	0.03
MCP-1	0.39	0.02
IFN- $\gamma$	0.30	0.09
Eotaxin	0.35	0.04
IP-10	0.35	0.05
MIP-1b	0.32	0.07
Cervical length	-0.03	0.78



## Conclusion

- Image segmentation allows extraction of collagen structural features that are highly correlated with inflammatory cytokines.
- This suggests that intra-amniotic inflammation and the structural integrity of the cervix are related.

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